Personal Information

	Last Health History		
Last Name	First Name		Middle Initial
Address: Street			Unit #
City	Province		Postal Code
Data of Birth (Day/Month (Voca)			
Date of Birth (Day/Month/Year)			
Home Phone # W	ork Phone #		Cell Phone #
May the clinic leave you messages relating to yo	ur visits?	□YES □ No	
Email			
Employer			Occupation
Emergency Contact Name and Relationship			Phone #
Have you ever received massage therapy before	·		
How did you hear about the clinic?		· ·	
Which members of the clinic will you be seeing?			
□ Chiropractor □ Physiotherapist □ M	lassage Ther	apist 🗆 Naturopath	□Personal Trainer
Family Doctor	Γ	Specialist	
Name		Name	



Phone # _____

Address_____

Phone # _____

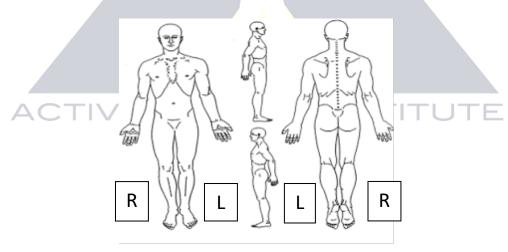
Address_____

Health Information

What are your health concerns and/or reasons for coming to the clinic, in order or importance?					
1					
2					
3					
Are you currently receiving treatment from another health care professional? If so, for what?					
Do you have any internal pins, wires, artificial joints or special equipment? If so, please list what and where?					
What is the reason for seeking massage therapy?					
Current medications and for what conditions?					
Is this visit a result of an injury? Date?					
Have you had any surgeries in the past? Date?					
List any relevant Family history (such as: arthritis, cancer, heart conditions etc.)					

Instructions: Mark these drawings according to where you feel your pain, by referring to the key below.

Sharp ////	Burning XXXXX	Pins & Needles OOOOO	Aching +++++
Stabbing VVVVV	Numbness	Dull *****	Other vvvvv



Please circle your current pain level

no pain 0 1 2 3 4 5 6 7 8 9 10 worst pain imaginable



Physical history (Place an "X" beside any condition you have had or presently have)

Musculoskeletal	Nervous System		Cardio-Vascular-Resp.
Neck problems	Numbness		Chest pain
Upper back problems	Loss of feeling		High/Low blood
			pressure
Shoulder problems	Headaches		Difficulty breathing
Low back problems	Dizziness		Persistent Cough
Elbow problems	Fainting		Coughing phlegm/blood
Knee problems	Confusion		Lung problems
Ankle/foot problems	Depression		Diabetes
Arthritis	Concussion		Asthma
Other Conditions not listed:	Anxiety		Varicose veins
	Loss of balance		Hypoglycemia
Allergies/sensitivities:	Paralysis		Angina
	Epilepsy/Seizures		Murmur/palpitations
	Forgetfulness		Hemophilia
Gastrointestinal/Endocrine	Genito-Urinary System		Ears/Nose/Eyes/Throat
Poor appetite	Painful urination		Vision problem
Excessive hunger/thirst	Excessive urine		Ear ringing
Heat/cold intolerance	Discoloured urine		Ear infections
Nausea/vomiting	Urgency to urinate		Hearing loss
Bloody/black stool	Recurring infections		Voice changes
Weight loss/gain	Kidney stones		Gum/teeth/jaw problem
Ulcer	Sexually transmitted infections		Nasal discharge
Thyroid problems	HIV		Nose bleeds
Liver/Gall bladder problem	Hepatitis		Sinus problems
Female	Male		Skin
PMS	Testicular pain		Moles
Irregular cycle	HEALITCHING INS	H	Rashes
Irregular bleeding/discharge	Sores		Acne
Pregnancy	Irregular discharge/bleeding		Dryness
Sores	Hernia		Itchiness
Sexual concerns	Sexual concerns		Psoriasis
Breast lumps/pain/tenderness/discharge	Chest lumps/pain/tenderness/discharge		Eczema
Hernia			Presence of Infectious skin conditions



Consent for Massage Therapy Service and Fee's				
I have requested assessment and treatment by a Registered Massage Therapist (RMT) at The Active Health Institute. As part of my therapeutic assessment and treatment, I am aware that in certain circumstances the Registered Massage Therapist may need to assess and touch sensitive area(s) of my body which may include the following; please initial beside each below:				
Lower backChest Wall MusclesUpper and Inner Thigh(s)Buttocks (glut-	eal muscles)Breast (s)			
The RMT has explained the following to me and I fully understand the proposed assessment and	treatment including (please initial):			
The nature of the assessment, including the clinical reason(s) for assessment of the above	e area(s) and the draping methods to be used			
The expected benefits of the assessment				
The potential risks of the assessment				
The potential side effects of the assessment				
That consent is voluntary				
That I can withdraw or alter my consent at any time. I voluntarily give my informed conse outlined above.	nt for the assessment as discussed and			
Patient Name (print):				
Patient Signature: Date: _				
RMT Signature:				
Massage Therapy Cost/Session				
30min	\$75.00			
45min	\$90.00			
60min	\$110.00			
90min	\$145.00			
120min	\$215.00			
Complex (60min)	\$130.00			
Acupuncture	\$85.00			
Acupuncture Initial Assessment	\$115.00			
Cancellation Policy Your appointment time has been reserved especially for you. If you are unable to keep this reservation, please provide us with at least 24hrs of notice so that another patient can use this time. If you do not provide sufficient notice, you will be charged a "No Show" fee, which is equivalent to the cost of the treatment. Payment Policy We require payment at every visit. Accepted forms of payment include; cash, debit, Visa and Mastercard. Consent for collection of personal information and privacy policy I understand that in order to provide me with massage therapy services, Active Health Institute will collect some personal information about me. We are committed to collecting, using and disclosing your personal information responsibly. Disclosure: 1. The patient's doctor/health practitioner(s) 2. Other health practitioners of the Active Health Institute for the purpose of supporting patient health. I have reviewed Active Health Institute's Privacy Policy regarding; • The collection, use and disclosure of my personal information • The steps taken to protect my information • My right to review my personal information				
I understand how the Privacy Policy applies to me. I have been given a chance to ask questions I have regarding the Privacy Policy and they have been answered to my satisfaction.				
Patient Signature: Date:				